

Getting Started: Patient Info

NutriSqueeze™ Pouches



The NutriSqueeze™ pouches are disposable stand-up pouches for easy storage and serving of shakes, purees, and drinks. When cups and straws won't work, NutriSqueeze™ pouches are easy to use and can be taken anywhere.

Instead of using a big syringe, turkey baster, or sippee cups, the NutriSqueeze™ pouches make it easy to eat and drink with a limited oral opening, weakened oral-facial muscles, or when recovering from surgery, a wired jaw, or dysphagia.

By simplifying the process of feeding, the NutriSqueeze™ pouches allow you to eat more for better nutrition and hydration, reducing the hassle and anxiety during meals for those on modified liquid and soft diets.

NutriSqueeze™ pouches have an integrated flat straw for easy eating and drinking liquids, purees, and shakes. The flat straw has a thin upper area for thin liquids, and a lower part for dispensing thicker purees.

When the pouch is not being squeezed, the flat straw self-closes to stop sucking and prevents leaks and spills. Using NutriSqueeze™ pouches can help prevent pain, bleeding and pressure on new cuts or wounds in the mouth. And you can always use the cleaning solutions or rinses for improved oral care and hygiene.

NutriSqueeze™ Pouch Benefits:

- * Easy to use, holding 6oz of liquids or purees
- * Disposable for reduced contamination
- * Packs flat, Stands up when filled
- * Spill-proof zipper and straw
- * Suck-proof flat straw



Each NutriSqueeze™ pouch has a leak-proof zipper for easy filling and closing, and the gusseted bottom holds the pouch upright when it is filled. Use it to store foods you've made, or carry blended snacks with you during the day for easy access when you're hungry.

Usage:

Fill: To fill a NutriSqueeze™ pouch, open the zipper. Pour the liquid or puree into the pouch until the contents reach the fill arm. Zip closed. Use the spreader stick if necessary.

Open: To open a pouch, cut or tear the flat straw at the upper notch for thin liquids, and the lower notch for thicker shakes.

Eat: To dispense the contents, fold the top of the pouch over the fill arm, open the pouch, and squeeze the contents out through the flat straw.

Store: Instead of using the pouch right away, simply fill it and store in the refrigerator or freezer until needed. Fold and clip the straw closed to store the pouch after opened.

Heat: To heat contents in the pouch, place the pouch in hot water until contents reach desired temp. Do not microwave, and be careful as hot liquids can burn you through the pouch.

*See the graphic instructions for more details.

Helpful Hints and Cautions:

* The pouch can stick closed. Use the included spreader stick to open up the pouch along the fill bar before filling, or in the flat straw to make it easier to squeeze out.

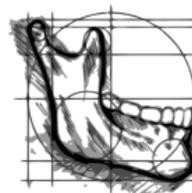
* Make extra blended foods and store it in the NutriSqueeze™ pouch so your always ready to eat!

* When squeezing, the pouch, the contents can rapidly stream out of flat straw. Make sure its in the mouth.

* To prevent contamination and infection, dispose after use.

* As the pouch empties, clench and squeeze it in your hand to get all the contents out.

**SOFT AND LIQUID DIETS:
EAT, DRINK & STORE**



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